THE MEMORY OF A SMELL

How can a simple smell bring back a forgotten memory?



Have you ever smelled something and suddenly remembered a person, place, or moment from the past? A familiar smell can bring back memories very quickly. This happens because the parts of our brain that process smells are closely connected to areas involved in memory and emotions. That is why the smell of fresh bread, a certain perfume, or even rain can remind us of a special time in our lives.

Familiar	آشنا
Process	پردازش کردن
Emotion	احساس
Remind	یادآوری

Sometimes, these memories can feel surprisingly real, even after many years. A smell may remind us of a childhood home, a family member, or a memorable trip. We may not think about that moment for a long time, but one familiar smell can suddenly bring it back. In this way, our sense of smell can act like a small time machine, connecting the present to our past.

EXERCISE 1 — Choose the best answer

Why can smells bring back memories quickly?

A) Smells are connected to parts of the brain related to memory and emotions.

B) Smells always make people feel happy.

EXERCISE 2 — Choose the correct sentence

Which sentence is correct?

A) A familiar smell can reminds us of the past.

B) A familiar smell can remind us of the past.

EXERCISE 3 — True or False

Smells can remind us of childhood.

A) True B) False

EXERCISE 4 — Find the word

Which word means "آشنا" ?

A) Familiar B) Memorable

